Individual Coverage Health Reimbursement Arrangement (ICHRA)

How it works

An ICHRA gives you greater choice and flexibility to pick a health insurance plan that fits your needs. It works like this:

- You choose the individual health insurance plan you want.
- You pay your individual insurance premium using an Ameriflex card, or;
- You pay your individual insurance premium out of pocket and submit a claim form for reimbursement.
- You get reimbursed for eligible claims paid out of pocket.

myameriflex.com/participants

FAQ

What expenses are reimbursable?

Individual health insurance premiums and, in some instances, qualified medical expenses defined by your employer. The ICHRA **cannot** be used to reimburse premiums for an employer-sponsored group health plan.

What's the maximum amount I can be reimbursed by the ICHRA?

It varies by employer. Check with your HR team for plan specifics.

How do I access my account information?

You can create an online account and/or download the Ameriflex mobile app to track your spending and submit claims.

> myameriflex.com To set up your account, visit

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